## Yoga Masterclass

## **Event Overview**

Guests will learn about the benefits of yoga practice before taking part in a live yoga session. The session will be delivered over Zoom, or it can be adapted to a hybrid or socially distanced format.

For anyone who loves to get their daily exercise in, or for those looking for simple ways to lead a healthier lifestyle, our Yoga Masterclass is not to be missed.



## What's included

A MemMail pack including your chosen selection of gifts, such as:

- A Branded yoga mat
- Water bottle
- Healthy snacks

from £165 per person

## www.inconnection.com

Price is per person and excluding VAT, E&OE. Subject to availability. Enhancement to premium experiences available on request.

