

# Health and Wellbeing Speaker Experience

## Event Overview

Hear the incredible stories of former Olympians as they talk you through the highs and lows of their career and their motivation to overcome their biggest hurdles. Or be inspired by well-known health and fitness personalities, such as Joe Wicks or Ollie Ollerton, who would not only talk through their personal experiences, but put guests through their paces in a live fitness session.

We recommend great speakers whose anecdotes and endeavours captivate your audience and resonate with your brand.



## What's included

A MemMail pack including gifts of your choice such as:

- A motivational book or Mindfulness gift box.
- Send an app-store gift card to be used for a subscription to a health-focused app for smart phones
- A handwritten note to say thank you

from  
£  
per person

[www.inconnection.com](http://www.inconnection.com)

Price is per person and excluding VAT, E&OE. Subject to availability.  
Enhancement to premium experiences available on request.